



Summer Figure Skating @ The Pond

Mon: Freestyle @ 3:50 and 4:50pm

Tue: Freestyle @ 11:30, 1:40 and 2:40pm

Off Ice Conditioning @ 12:30pm (register w/ Coach)

Wed: Freestyle 3:50 and 4:50pm

Theatre and LTs @ 5:50 followed by Public

Thurs: Freestyle @ 11:30, 1:40 and 2:40pm

Off Ice Conditioning @ 12:30pm (register w/ Coach)

Fri: Moves in The Field @ 7am

(register for ice online, additional fee for instruction paid to coach)

*Special Camp Pricing:

6 or more Freestyle Sessions per week (purchased online \$30 savings)

www.ilovethepond.com